



Asiago Sporting Hotel & SPA

SPA MENU

Our elegant and exclusive SPA offers cozy and relaxing spaces with the best state-of-the-art equipment.

We invite you to experience our wellness centre, at the Asiago Sporting Hotel & SPA, in the heart of Asiago, surrounded by the fascinating scenery of the Plateau.

In our SPA you will find numerous tailor-made wellness programs.

In particular our SPA Suite is an oasis of peace and intimacy, where you can completely take care of yourself.

Our trained and discreet staff will be at your disposal and will help you to find the harmony between your body and mind.

SPA Experience

We are glad to welcoming you!

Our SPA is open every day from 9.00 a.m. to 9.00 p.m. Access is allowed to guests over 16. Our wellness centre is an oasis of calm, therefore we kindly ask you to help us to maintain a peaceful ambience by speaking in a soft voice and turning off cell phone.

Appointments

Treatments are subject to our availability, therefore we recommend scheduling your appointments before your arrival. In case of necessity, we kindly ask you to cancel your treatments or modify the times, at least four hours before your appointment. If you cancel less than four hours in advance, you will be charged 50% of the fee. If you cancel without notice, you will be charged 100%.

Arrival

We invite you to arrive ten minutes before your appointment. For your comfort we will provide a bathrobe, towel and slippers. As a courtesy to other Guests, should you arrive late, we regret that we will only be able to offer you the remainder of your appointment time. The full cost of the treatment or service will still be charged.

Wellbeing

For your comfort and safety, we ask you to mention any conditions you may have, such as injuries, illnesses or allergies, when booking your appointment as certain treatments may not be advisable. In addition, before your treatment begins, we kindly ask you to advise our aesthetician of any medical concerns or any particular need.

Massages

Relaxation massage	30 minutes	€ 50,00
Relaxation massage	50 minutes	€ 80,00
Hot stone	50 minutes	€ 130,00
Sport -anti-fatigue massage	30 minutes	€ 60,00
Sport -anti-fatigue massage	50 minutes	€ 90,00
Reflexology foot massage	40 minutes	€ 70,00
Anti-cellulite massage for legs (lymphatic draining or toning)	30 minutes	€ 50,00
Anti-cellulite massage for legs abdomen and arms (lymphatic draining or toning)	50 minutes	€ 80,00
Bio Lifting face massage + anti age serum	40 minutes	€ 80,00

Couples massages

Aromatherapy massage	50 minutes	€ 200,00 per couple
Specific facial treatment for the couple (to the customer's choice, according to skin type)	50 minutes	€ 250,00 per couple
SPA SUITE package (for the couple): Facial treatment (50 minutes) + sauna, whirlpool bath, waterbed, sound beds, emotional shower, fresh fruit, tea, infusions, cakes/chocolate and a Prosecco DOCG wine.	120 minutes	€ 450,00 per couple
SPA SUITE package (for the couple): arnica anti-fatigue wrap (50 minutes) + sauna, whirlpool bath, waterbed, sound beds, emotional shower, fresh fruit, tea, infusions, cakes/chocolate and a Prosecco DOCG wine.	120 minutes	€ 400,00 per couple
SPA Suite (no treatments) including: sauna, whirlpool bath, waterbed, sound beds, emotional shower, fresh fruit, tea, infusions, cakes/chocolate and a Prosecco DOCG wine.	120 minutes	€ 290,00 per couple

Treatments for Younger Guests

Massage (for children or kids)	30 minutes	€ 45,00
Nail polish application	15 minutes	€ 15,00
For mother and daughter (Tamanu facial treatment for mother and a purifying facial treatment for daughter + manicure and pedicure)	150 minutes	€ 300,00

Pregnancy and Post-Pregnancy Treatments

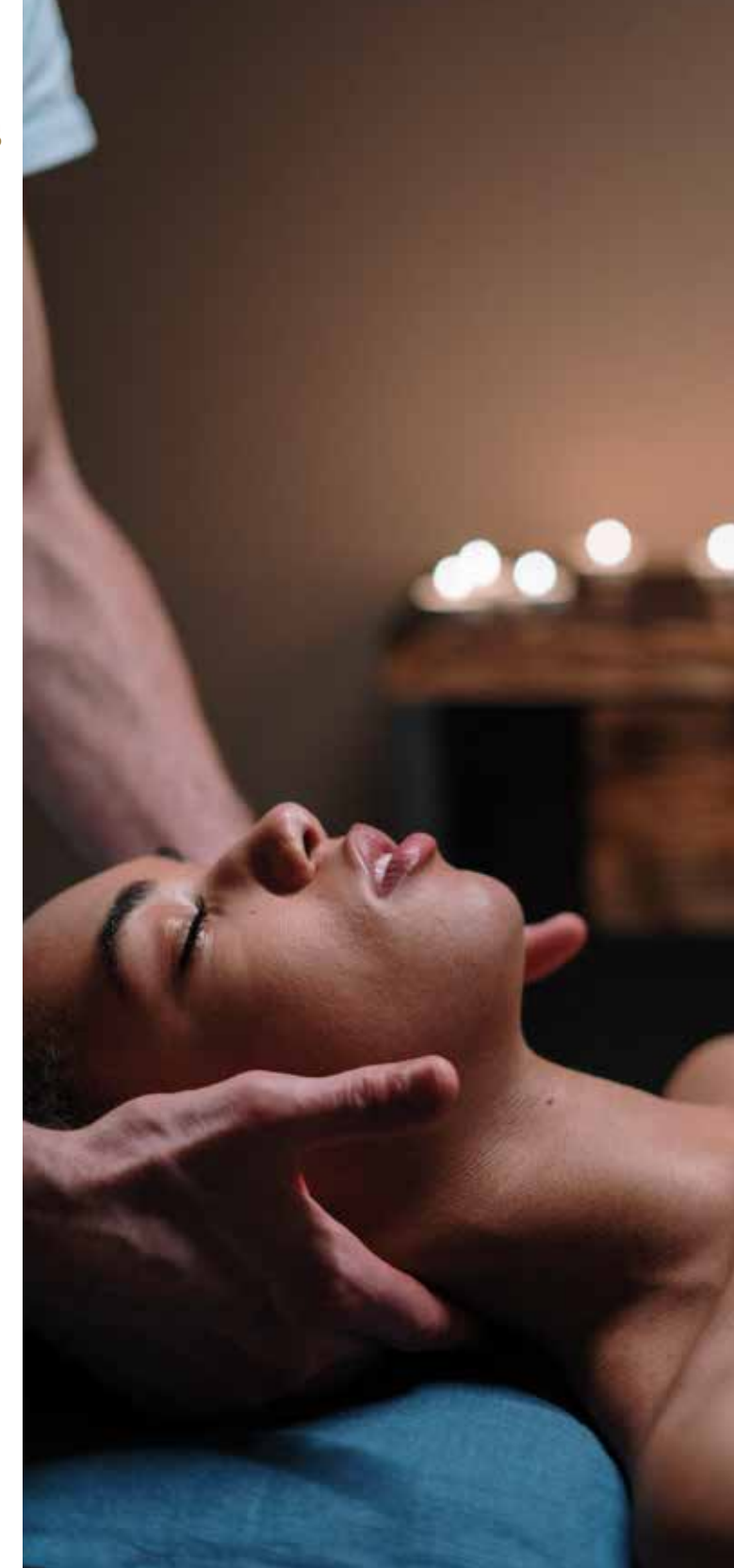
Face, neck and scalp massage	40 minutes	€ 70,00
Specific post-pregnancy back massage	30 minutes	€ 60,00
Foot and leg massage	30 minutes	€ 60,00

Facial Treatments

Apricot nourishing treatment	50 minutes	€ 70,00
Tamanu nourishing treatment	50 minutes	€ 75,00
Anti-ageing facial treatment with Dolomite-based silica	50 minutes	€ 80,00
Purifying treatment with propolis	50 minutes	€ 65,00
Persian rose calming facial treatment	50 minutes	€ 75,00
Detoxinating treatment for normal skin (for men)	25 minutes	€ 40,00

Mei

La scelta più naturale





Asiago Sporting Hotel & SPA

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Body treatments

MEI SPA Dolce Vita Treatment (Scrub, massage with sweet orange essential oil and cream)	50 minutes	€ 90,00
MEI SPA Sotto sale Treatment (scrub, massage with essential oil and refreshing mint gel)	50 minutes	€ 90,00
Detoxinating and elasticising treatment with green clay and horsetail	50 minutes	€ 70,00
START-UP anti-cellulite draining Treatment Legs and abdomen	50 minutes	€ 70,00
Total body	80 minutes	€ 105,00
Sports anti-fatigue treatment (scrub, arnica cream wrap and sports massage) legs or back	50 minutes	€ 80,00

Body brushing

Body brushing	40 minutes	€ 70,00
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Combined treatment

Persian Rose treatment Body and Face	100 minutes	€ 125,00
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Body treatments with hay



Total body hay bath	95 minutes	€ 140,00
Hay bath for the back only	60 minutes	€ 90,00
Hay bath for the cervical only	45 minutes	€ 60,00

Body brushing, hay bath, relaxation massage with Relax oil

Total body anti-fatigue hay bath	95 minutes	€ 160,00
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Anti-fatigue hay bath back only	60 minutes	€ 110,00
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Anti-fatigue hay bath cervical and shoulders only	45 minutes	€ 80,00
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Scrub, hay bath, total body massage or localized sport massage

Beauty Hands and feet

Nail polish change	15 minutes	€ 15,00
Manicure (nails, cuticles, filling) + nail polish	30 minutes	€ 40,00
SPA MANICURE (peeling, hand mask and cream)	50 minutes	€ 60,00
Pedicure + nail polish	30 minutes	€ 50,00
SPA PEDICURE (peeling, callus treatments, and cream)	50 minutes	€ 70,00

Facial

Facial cleansing	50 minutes	€ 70,00
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Hair Removal

Eyebrow shape	10 minutes ~	€ 15,00
Upper lip	10 minutes ~	€ 15,00
Chin	10 minutes ~	€ 20,00
Underarm	10 minutes ~	€ 20,00
Arms	20 minutes ~	€ 30,00
Bikini total area	30 minutes ~	€ 30,00
Bikini area	15 minutes ~	€ 20,00
Full leg	30 minutes ~	€ 50,00
Half leg	15 minutes ~	€ 25,00
Back	20 minutes ~	€ 35,00
Chest	20 minutes ~	€ 35,00
Total face	20 minutes ~	€ 40,00
Full leg and bikini area waxing	45 minutes ~	€ 70,00

Women's style

€ 25,00